

WEEK 1

**MONDAY**

**Classic Favourites**

**TUESDAY**

**EASTERN**

**WEDNESDAY**

**Great British**

**THURSDAY**

**SOUTHERN STYLE**

**FRIDAY**

**Fish & Chips**

**MAIN MEAL**

**CHICKEN SAUSAGE & MASH**  
Onion Gravy

**SWEET N SOUR CHICKEN**  
50/50 Rice, Prawn Crackers

**LEMON CHICKEN & PESTO PASTA BAKE**  
Mixed Garden Salad, Peas

**CHILLI CON CARNE**  
Nachos, Rice, Sour Cream, Salsa

**BATTERED FISH/ SALMON FISHCAKES**  
Chips

**VEGETARIAN MEAL**

**VEGGIE SAUSAGE & MASH**  
Onion Gravy

**ORIENTAL STIR FRIED NOODLES**  
Black Bean Sauce

**MACARONI CHEESE**  
Mixed Salad or Seasonal Vegetables

**QUORN CHILLI CON CARNE**  
Nachos, Rice, Sour Cream, Salsa

**VEGAN FISHLESS FINGER BAP**

**PASTA POTS**

**TOMATO & BASIL - PESTO PASTA**

**TOMATO & BASIL - QUORN BOLOGNAISE**

**TOMATO & BASIL - ARRABIATA**

**TOMATO & BASIL - CHEESE SAUCE**

**TOMATO & BASIL - FLORENTINE**



**JACKET POTATOES AVAILABLE DAILY**

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**



**VEGETABLE**

**STEAMED BROCCOLI**

**STIR FRIED GREENS**

**ROASTED ROOT VEG WITH CABBAGE**

**SWEETCORN**

**PEAS, GARDEN SALAD**

**DESSERT OF THE DAY**

**BERRY & APPLE CRUMBLE**  
Custard

**AMERICAN STYLE PANCAKES**  
Fruit Compote

**LEMON SPONGE**  
Custard

**TOFFEE APPLE TURNOVER**  
Toffee Sauce

**STRAWBERRY CHEESECAKE**

**FRUIT POT**

**WATERMELON**

**PINEAPPLE & POMEGRANATE**

**PINEAPPLE & TOFFEE POT**

**FRESH FRUIT SALAD**

**GRAPE POT**

**YOGHURT POTS**

**GREEK STYLE HONEY YOGHURT**

**LEMON YOGHURT**

**STRAWBERRY YOGHURT**

**MANGO YOGHURT**

**PASSION FRUIT YOGHURT**



TRY OUR HOME-MADE **SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**

**TAKE HOME A TAKEAWAY**  
Collect Before You Go Home

**LUNCH MEAL DEAL**  
Check out what's on offer today!

**FRESHLY MADE HERE DAILY**

WEEK 2

<b>MONDAY</b> — <b>Classic Favourites</b>	<b>TUESDAY</b> — <b>EASTERN</b>	<b>WEDNESDAY</b> — <b>Great British</b>	<b>THURSDAY</b> — <b>SOUTHERN STYLE</b>	<b>FRIDAY</b> — <b>Fish &amp; Chips</b>
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**MAIN MEAL**

<b>BEEF BOLOGNAISE</b> Cheesy Garlic Bread,	<b>CHICKEN KATSU CURRY</b> 50/50 Rice	<b>SHEPHERDS PIE</b> Seasonal Vegetables	<b>SMOKEY BBQ CHICKEN</b> Savoury Rice	<b>BATTERED FISH/ SALMON FISHCAKES</b> Chips
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**VEGETARIAN MEAL**

<b>VEGGIE BOLOGNAISE</b> Cheesy Garlic Bread,	<b>VEGETABLE SPRING ROLL</b> 50/50 Rice, Katsu Curry Sauce	<b>GOATS CHEESE &amp; ONION MARMALADE WELLINGTON</b> Stuffing, Yorkshire Pudding, Gravy	<b>SMOKEY BBQ OUMPH</b> Savoury Rice	<b>VEGETABLE BURGER WITH CHEESE</b> Chips
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**PASTA POTS**

<b>TOMATO &amp; BASIL PESTO PASTA</b>	<b>TOMATO &amp; BASIL QUORN BOLOGNAISE</b>	<b>TOMATO &amp; BASIL ARRABIATA</b>	<b>TOMATO &amp; BASIL CHEESE SAUCE</b>	<b>TOMATO &amp; BASIL FLORENTINE</b>
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**JACKET POTATOES AVAILABLE DAILY**  
TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS



**VEGETABLE**

<b>CARROTS, PEAS, GARDEN SALAD</b>	<b>CRUNCHY STIR FRIED VEGETABLES</b>	<b>ROASTED ROOT VEG WITH CABBAGE</b>	<b>BLACKENED CORN COBETTES</b>	<b>GARDEN PEAS</b>
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**DESSERT OF THE DAY**

<b>LEMON YOGHURT CHEESECAKE POT</b>	<b>APPLE &amp; PEAR CRUMBLE</b> Custard	<b>STICKY TOFFEE PUDDING</b> Toffee Sauce	<b>WAFFLES</b> Fruit Compote	<b>FRUIT SUNDAE</b>
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**FRUIT POT**

<b>WATERMELON</b>	<b>PINEAPPLE &amp; POMEGRANATE</b>	<b>FRESH FRUIT SALAD</b>	<b>PINEAPPLE &amp; TOFFEE POT</b>	<b>GRAPE POT</b>
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**YOGHURT POTS**

<b>GREEK STYLE HONEY YOGHURT</b>	<b>LEMON YOGHURT</b>	<b>STRAWBERRY YOGHURT</b>	<b>MANGO YOGHURT</b>	<b>PASSION FRUIT YOGHURT</b>
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**FRESHLY MADE HERE DAILY**

WEEK 3

<b>MONDAY</b> — <b>Classic Favourites</b>	<b>TUESDAY</b> — <b>EASTERN</b>	<b>WEDNESDAY</b> — <b>Great British</b>	<b>THURSDAY</b> — <b>SOUTHERN STYLE</b>	<b>FRIDAY</b> — <i>Fish &amp; Chips</i>
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**MAIN MEAL**

<b>BEEF MEATBALLS IN TOMATO SAUCE</b> Pasta, Garlic Bread	<b>MILD CHICKEN KORMA</b> 50/50 Rice, Poppadums	<b>SPICY CHICKEN &amp; NOODLE STIR FRY</b>	<b>FERNANDOS CHICKEN IN A BUN</b> Wedges, Coleslaw	<b>BATTERED FISH/ SALMON FISHCAKES</b> Chips
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**VEGETARIAN MEAL**

<b>PASTA BAKE</b> Garlic Bread	<b>VEGETABLE BALTI</b> 50/50 Rice, Poppadums	<b>ORIENTAL STIR FRIED NOODLES</b> Black Bean Sauce	<b>CAJUN GRILLED HALLOUMI BURGER</b> Wedges, Coleslaw	<b>MARGHERITA PIZZA</b> Chips
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**PASTA POTS**

<b>TOMATO &amp; BASIL PESTO PASTA</b>	<b>TOMATO &amp; BASIL QUORN BOLOGNAISE</b>	<b>TOMATO &amp; BASIL ARRABIATA</b>	<b>TOMATO &amp; BASIL CHEESE SAUCE</b>	<b>TOMATO &amp; BASIL FLORENTINE</b>
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**JACKET POTATOES AVAILABLE DAILY**  
TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS



**VEGETABLE**

<b>GARDEN SALAD, PEAS</b>	<b>INDIAN CUCUMBER, ONION SALAD</b>	<b>ROASTED ROOTS VEG WITH CABBAGE</b>	<b>BBQ BEANS, GREENS N GRAINS</b>	<b>GARDEN PEAS</b>
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**DESSERT OF THE DAY**

<b>APPLE &amp; BERRY PIE</b> Ice Cream	<b>CHOCOLATE MOUSSE</b>	<b>JAM SPONGE</b> Custard	<b>LEMON POSSET</b>	<b>BREAD &amp; BUTTER PUDDING</b> Custard
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**FRUIT POT**

<b>WATERMELON</b>	<b>PINEAPPLE &amp; POMEGRANATE</b>	<b>FRESH FRUIT SALAD</b>	<b>PINEAPPLE &amp; TOFFEE POT</b>	<b>GRAPE POT</b>
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**YOGHURT POTS**

<b>GREEK STYLE HONEY YOGHURT</b>	<b>LEMON YOGHURT</b>	<b>STRAWBERRY YOGHURT</b>	<b>MANGO YOGHURT</b>	<b>PASSION FRUIT YOGHURT</b>
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